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KIMORA & DJIMON

A surprisingly intimate interview



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DEMISTIFYING
ISLAM



The Gentleman's Guide to Grooming for Valentine's Day

Be certain that you are at the top of your game for the lady in your life this Valentine's Day. Here are tips and tools on turning a man into a well-groomed gentleman with expert input from Fonzworth Bentley, who penned the manual *Advance Your Swagger: How to Use Manners, Confidence and Style*.

“First, we need to destroy the term ‘metrosexual’ and the stigma around it. Grooming and looking good has been part of our culture for years. It’s about time that men take pride in their appearance. —Fonzworth Bentley”

TIP: Ladies notice the little things. “Attention to detail while grooming speaks to how you feel about yourself and the impression that you want to make on the world.”

TOOL: Get an expert shoe shine at a moment’s notice with the **Sharper Image Portable Shoe Polisher** (\$39.99; sharperimage.com).



TIP: “Every man needs to have smooth hands when he caresses a woman’s hand or shoulder. It’s not only about the look; touch counts just as much.”

TOOL: Bentley keeps his hands hydrated 24/7 using L’Occitane’s **Verbena Body Lotion** (\$8 for 1.7 oz.; usa.loccitane.com). We recommend maintaining tidy nails with an **ACE Nail File Pick** (\$6.99; drugstores nationwide) and **Essie’s Man-e-Cure** (\$17; essie.com).



TIP: “Your fragrance should remain in the room long enough to make her miss you. If it lingers too long, you’ve put on too much and your cologne becomes like a guest who overstays his welcome!”

TOOL: Bentley is keen on discreet but distinct scents such as **Penhaligon’s London Blenheim Bouquet** (\$110 for 100 ml; Saks Fifth Avenue). He also recommends showering with a scented body wash like **Gillette’s Hydra-Scrub + Body Wash** (\$4.29; drugstores nationwide).



TIP: “As men, we need to make sure that our skin is just as fresh and clean as hers.” This starts with a top-notch skin care regimen that includes prevention for ingrown hairs.

TOOL: We recommend keeping up your complexion with **Black Opal’s Razor Bump Solution Shave System for Men** (\$19.99; drugstores nationwide).



PUT YOUR BEST FACE FORWARD

Refresh once a month with an **HOMMAGE Chiseled Face Treatment**. This premium facial made strictly for men slims round faces, tightens saggy jawlines and reduces swelling under tired eyes, leaving features more defined. Afterward, “Men look well rested, sharp and feel much more confident,” says men’s grooming expert and esthetician Reesa Lovelace (\$135 for 60 minutes; find spa locations and facial products at hommage.com).



DATE-NIGHT STYLE

DO wear a suit. Clothing is language. A suit is the gentleman’s universal uniform.
DON’T wear suspenders and a belt at the same time. You’re not Super Mario.
DO wear a pocket square. It is the ultimate accessory!